

Carolina Open-Masters Track & Field - 04/09/2011

University of North Carolina at Charlotte

Results - All Events

Event 7 W55 3000 Meter Race Walk**Finals**

1	Overcash Jenkins, Kay	W58	Unattached	18:59.90
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Event 7 W60 3000 Meter Race Walk**Finals**

1	Armbruster, Trent	W62	Carolina Godiva	23:18.22
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Event 7 M60 3000 Meter Race Walk**Finals**

1	Ogelsby, Walter	M64	Raleigh Walkers	19:49.85
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Event 7 M65 3000 Meter Race Walk**Finals**

1	Hartman, Tom	M68	Carolinas Track	21:38.09
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Event 1 W35 100 Meter Dash**Finals**

1	Sluder, Anne	W38	Carolinas Track	14.01
2	Monstel, Anne	W35	Carolinas Track	14.96
3	Fair, Shiricka	W36	Carolinas Track	18.40

Event 1 W40 100 Meter Dash**Finals**

1	Murphy, Toccata	W41	Carolinas Track	13.42
2	Kazebee, Kris	W44	Carolinas Track	14.71
3	Taylor, Heather	W42	Carolinas Track	17.19

Event 1 W45 100 Meter Dash**Finals**

1	Richardson, Regina	W46	Atlantic Track C	14.58
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Event 1 W65 100 Meter Dash**Finals**

1	Carter, Ann	W69	Atlantic Track C	19.50
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Event 1 M30 100 Meter Dash**Finals**

1	Bunyan, Fred	M34	Unattached	13.27
2	Williams, Rolland	M34	Carolinas Track	13.52

Event 1 M35 100 Meter Dash**Finals**

1	Ward, Cory	M36	Unattached	12.35
2	Varner, Chris	M38	Carolinas Track	12.68
3	Stearns, Carl	M37	Unattached	12.87

Event 1 M40 100 Meter Dash**Finals**

1	Padgett, calvin	M42	Carolinas Track	12.36
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Event 1 M45 100 Meter Dash**Finals**

1	Jackson, Lionel	M45	Glenarden	12.45
2	Jefferson, Louis	M47	Unattached	12.92

Event 1 M50 100 Meter Dash**Finals**

1	Harrison, Adrian	M50	Glenarden	12.55
2	Jones, Michael	M51	Unattached	12.64
3	McDonnough, Kaestner	M54	Pony Express Clu	12.73

Event 1 M55 100 Meter Dash**Finals**

1	Searles, Anthony	M57	Carolinas Track	12.49
2	Fisher, Wayne	M56	Carolinas Track	13.21
3	Mason, Andrew	M56	Unattached	13.33
4	Swindlehurst, Gregg	M55	Carolinas Track	13.56
5	Spencer, Martin	M59	Atlantic Track C	14.68
6	Vash, James	M59	Philadelphia Mast	15.56

Event 1 M60 100 Meter Dash**Finals**

1	Hardison, John	M62	Unattached	13.94
2	Horick, Jeff	M64	Philadelphia Mast	14.85
3	Burkett, Don	M62	Atlantic Track C	15.27
4	Moore, Terry	M61	Carolinas Track	16.15

Event 1 M65 100 Meter Dash**Finals**

1	Hall, Sam	M66	Carolinas Track	13.95
2	Schmehl, Glenn	M67	Philadelphia Mast	14.24

Event 1 M70 100 Meter Dash**Finals**

1	Turner, Lorenzo	M70	Unattached	15.79
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Event 6 W50 3000 Meter Run**Finals**

1	Goggin, Eimear	W53	Carolinas Track	12:20.39
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Event 6 M40 3000 Meter Run**Finals**

1	Lawson, Mike	M40	Unattached	10:01.64
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Event 6 M45 3000 Meter Run**Finals**

1	chilton, Steven	M47	Unattached	10:33.43
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Event 6 M50 3000 Meter Run**Finals**

1	Rao, Jay	M50	Carolinas Track	11:04.65
2	Aldridge, Randy	M51	Carolinas Track	11:20.20

Event 6 M55 3000 Meter Run**Finals**

1	Coleman, Peter	M59	Carolinas Track	14:55.34
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Event 24 X19+ 4x100 Meter Relay**Finals**

1	Carolinas Track	A	49.75
2	Philadelphia Masters	A	58.53
3	Carolinas Track	B	58.71

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Event 4 W45 800 Meter Run**Finals**

1	Wilton, Lane	W45	Carolinas Track	2:52.88
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Event 4 M35 800 Meter Run**Finals**

1	Reutter, Jason	M38	Carolinas Track	2:13.06
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Event 4 M45 800 Meter Run**Finals**

1	Cousar, Robert	M47	Carolinas Track	2:23.23
2	Unruh, Jack	M48	Raleigh Running	2:24.37

Event 4 M50 800 Meter Run**Finals**

1	Rao, Jay	M50	Carolinas Track	2:26.91
2	Sigmon, Alan	M51	Carolinas Track	2:33.93
3	Aldridge, Randy	M51	Carolinas Track	2:34.44

Event 4 M60 800 Meter Run**Finals**

1	Smith, Jay	M62	Carolina Godiva	2:37.00
2	Tillery, JB	M60	Carolina Godiva	2:41.04
3	Burkett, Don	M62	Atlantic Track C	3:00.62

Event 4 M70 800 Meter Run**Finals**

1	McDonald, Maurice	M70	Carolina Godiva	2:37.77
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Event 9 W40 80 Short Hurdles**Finals**

---	Kazeebe, Kris	W44	Carolinas Track	DNF
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Event 9 W45 80 Short Hurdles**Finals**

1	Richardson, Regina	W46	Atlantic Track C	13.95
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Event 9 W65 80 Short Hurdles**Finals**

---	Carter, Ann	W69	Atlantic Track C	DNF
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Event 10 M50 100 Short Hurdles**Finals**

1	Jones, Michael	M51	Unattached	14.94
2	Ruebel, Noel	M54	Unattached	16.62

Event 10 M55 100 Short Hurdles**Finals**

1	Snodgrass, Ernie	M58	Unattached	16.61
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Event 3 W35 400 Meter Dash**Finals**

1	Monstel, Anne	W35	Carolinas Track	1:06.07
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Event 3 W40 400 Meter Dash**Finals**

1	Kazeebe, Kris	W44	Carolinas Track	1:07.55
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Event 3 W45 400 Meter Dash**Finals**

1	Wilton, Lane	W45	Carolinas Track	1:14.75
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Event 3 M35 400 Meter Dash**Finals**

1	Bullard, Leon	M37	Carolina Godiva	53.56
2	Varner, Chris	M38	Carolinas Track	1:00.33
3	Stearns, Carl	M37	Unattached	1:00.54

Event 3 M40 400 Meter Dash**Finals**

1	Padgett, calvin	M42	Carolinas Track	58.60
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Event 3 M45 400 Meter Dash**Finals**

1	Cousar, Robert	M47	Carolinas Track	1:02.51
2	Unruh, Jack	M48	Raleigh Running	1:06.65

Event 3 M50 400 Meter Dash**Finals**

1	Rao, Jay	M50	Carolinas Track	58.92
2	Harrison, Adrian	M50	Glenarden	59.79
3	McDonnough, Kaestner	M54	Pony Express Clu	1:01.12
4	Sigmon, Alan	M51	Carolinas Track	1:07.55

Event 3 M55 400 Meter Dash**Finals**

1	Fisher, Wayne	M56	Carolinas Track	1:05.87
2	Wash, James	M59	Philadelfia Mast	1:14.08

Event 3 M60 400 Meter Dash**Finals**

1	Hardison, John	M62	Unattached	1:05.85
2	Moore, Terry	M61	Carolinas Track	1:22.51

Event 3 M65 400 Meter Dash**Finals**

1	Schmehl, Glenn	M67	Philadelfia Mast	1:10.11
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Event 3 M70 400 Meter Dash**Finals**

1	McDonald, Maurice	M70	Carolina Godiva	1:07.39
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Event 5 W45 1500 Meter Run**Finals**

1	Wilton, Lane	W45	Carolinas Track	6:15.44
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Event 5 M45 1500 Meter Run**Finals**

1	chilton, Steven	M47	Unattached	4:49.61
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Event 5 M50 1500 Meter Run**Finals**

1	Fry, Stephen	M53	Carolinas Track	5:04.77
2	Rao, Jay	M50	Carolinas Track	5:21.75

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Event 5 M60 1500 Meter Run**Finals**

1	Smith, Jay	M62	Carolina Godiva	5:52.04
2	Tillery, JB	M60	Carolina Godiva	6:03.21

Event 13 W35 400 Long Hurdles**Finals**

1	Sluder, Anne	W38	Carolinas Track	1:12.17
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Event 13 M35 400 Long Hurdles**Finals**

1	Bullard, Leon	M37	Carolina Godiva	1:03.35
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Event 13 M50 400 Long Hurdles**Finals**

1	Jones, Michael	M51	Unattached	1:04.43
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Event 13 M55 400 Long Hurdles**Finals**

1	Swindlehurst, Gregg	M55	Carolinas Track	1:11.66
2	Snodgrass, Ernie	M58	Unattached	1:22.95

Event 2 W30 200 Meter Dash**Finals**

1	Ellison, Tramaine	W30	Carolinas Track	31.55
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Event 2 W35 200 Meter Dash**Finals**

1	Monstel, Anne	W35	Carolinas Track	29.61
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Event 2 W40 200 Meter Dash**Finals**

1	Murphy, Toccata	W41	Carolinas Track	27.43
2	Kazebee, Kris	W44	Carolinas Track	30.02
3	Taylor, Heather	W42	Carolinas Track	35.57

Event 2 M35 200 Meter Dash**Finals**

1	Varner, Chris	M38	Carolinas Track	26.12
2	Stearns, Carl	M37	Unattached	26.64

Event 2 M40 200 Meter Dash**Finals**

1	Padgett, calvin	M42	Carolinas Track	24.94
2	Sarsony, Chris	M43	Carolinas Track	26.09

Event 2 M45 200 Meter Dash**Finals**

1	Jackson, Lionel	M45	Glenarden	25.83
2	chilton, Steven	M47	Unattached	26.75
---	Jefferson, Louis	M47	Unattached	DNF

Event 2 M50 200 Meter Dash**Finals**

1	Jones, Michael	M51	Unattached	25.89
2	Harrison, Adrian	M50	Glenarden	26.08
3	McDonnough, Kaestner	M54	Pony Express Clu	26.48

Event 2 M55 200 Meter Dash**Finals**

1	Snodgrass, Ernie	M58	Unattached	27.40
2	Mason, Andrew	M56	Unattached	27.59
3	Fisher, Wayne	M56	Carolinas Track	27.91
4	Swindlehurst, Gregg	M55	Carolinas Track	28.14
5	Vash, James	M59	Philadelphia Mast	32.41

Event 2 M60 200 Meter Dash**Finals**

1	Hardison, John	M62	Unattached	28.38
2	Burkett, Don	M62	Atlantic Track C	31.97
3	Moore, Terry	M61	Carolinas Track	34.20

Event 2 M65 200 Meter Dash**Finals**

1	Hall, Sam	M66	Carolinas Track	28.40
2	Hartman, Tom	M68	Carolinas Track	39.44

Event 2 M70 200 Meter Dash**Finals**

1	McDonald, Maurice	M70	Carolina Godiva	31.39
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Event 21 M35 Hammer Throw**Finals**

1	Cockerham, Chris	M36	Carolinas Track	28.43m
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Event 21 M50 Hammer Throw**Finals**

1	Jones, Ray	M50	Unattached	30.16m
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Event 21 M55 Hammer Throw**Finals**

1	Baty, Jeff	M56	Unattached	38.05m
2	Acker, Tom	M55	Unattached	23.93m

Event 21 M60 Hammer Throw**Finals**

1	Clayton, Lemuel	M64	Carolinas Track	31.00m
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Event 21 M70 Hammer Throw**Finals**

1	Valle, Mike	M70	Unattached	38.33m
2	McCabe, Lee	M71	Potomac Valley T	21.99m

Event 21 M75+ Hammer Throw**Finals**

1	Gramley, Bill	M75	Carolinas Track	32.96m
2	French, Ernest	M76	Carolinas Track	24.94m
3	Munnell, Jack	M80	Unattached	18.45m

Event 14 W30 Long Jump**Finals**

1	Ellison, Tramaine	W30	Carolinas Track	4.08m
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Event 14 W35 Long Jump**Finals**

1	Sluder, Anne	W38	Carolinas Track	4.82m
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Event 14 W45 Long Jump				2 Jones, Ray	M50 Unattached	10.03m
Finals				Event 18 M55 Shot Put		
1 Richardson, Regina	W46	Atlantic Track C	5.15m	Finals		
Event 14 W65 Long Jump				1 Baer, Chuck	M56 Unattached	13.12m
Finals				2 Baty, Jeff	M56 Unattached	11.50m
1 Carter, Ann	W69	Atlantic Track C	2.53m	3 Fisher, Wayne	M56 Carolinas Track	9.94m
Event 14 M35 Long Jump				4 Acker, Tom	M55 Unattached	9.43m
Finals				Event 18 M60 Shot Put		
1 Reutter, Jason	M38	Carolinas Track	4.36m	Finals		
Event 14 M40 Long Jump				1 Hearn, Edward	M61 East Coast Hurri	13.58m
Finals				2 Martin, Terry	M64 Carolinas Track	9.85m
1 Sarsony, Chris	M43	Carolinas Track	4.76m	Event 18 M65 Shot Put		
Event 14 M50 Long Jump				Finals		
Finals				1 Sasser, Glenn	M67 Carolinas Track	13.79m
1 Ruebel, Noel	M54 Unattached		5.08m	Event 18 M70 Shot Put		
2 Roberts, Franklin	M52 Unattached		4.41m	Finals		
Event 14 M55 Long Jump				1 Valle, Mike	M70 Unattached	11.80m
Finals				2 Turner, Lorenzo	M70 Unattached	11.16m
1 Fisher, Wayne	M56 Carolinas Track		4.92m	3 McCabe, Lee	M71 Potomac Valley T	8.89m
2 Swindlehurst, Gregg	M55 Carolinas Track		4.35m	Event 18 M75 Shot Put		
Event 14 M60 Long Jump				Finals		
Finals				1 Voughn, Gerald	M75 Carolinas Track	13.25m
1 Hardison, John	M62 Unattached		4.73m	2 Gramley, Bill	M75 Carolinas Track	9.66m
2 Amuwo, Jamiyu	M62 Unattached		4.17m	3 French, Ernest	M76 Carolinas Track	8.17m
Event 14 M70 Long Jump				Event 18 M80 Shot Put		
Finals				Finals		
1 Turner, Lorenzo	M70 Unattached		3.82m	1 Horine, Larry	M80 Unattached	10.70m
Event 18 W40 Shot Put				2 Munnell, Jack	M80 Unattached	7.62m
Finals				Event 17 M45 Pole Vault		
1 Taylor, Heather	W42 Carolinas Track		7.21m	Finals		
Event 18 W60 Shot Put				1 Haire, Todd	M48 Carolinas Track	3.35m
Finals				Event 17 M50 Pole Vault		
1 Arbelbide, Cindy	W61 Unattached		9.20m	Finals		
Event 18 W65 Shot Put				1 Seay, Eric	M50 Carolinas Track	3.20m
Finals				2 Ruebel, Noel	M54 Unattached	3.04m
1 Vaughn, Rebecca	W66 Carolinas Track		5.46m	Event 17 M55 Pole Vault		
Event 18 M35 Shot Put				Finals		
Finals				1 Rhyne, Tim	M55 Carolinas Track	3.20m
1 Cockerham, Chris	M36 Carolinas Track		9.89m	Event 17 M60 Pole Vault		
Event 18 M40 Shot Put				Finals		
Finals				1 jordan, Tom	M64 Unattached	3.04m
1 Williams, Joseph	M41 Carolinas Track		10.82m	2 Dye, Johnnie	M61 Unattached	2.89m
2 Sarsony, Chris	M43 Carolinas Track		9.75m	Event 16 W35 High Jump		
Event 18 M50 Shot Put				Finals		
Finals				1 Sluder, Anne	W38 Carolinas Track	1.57m
1 Price, Jim	M52 Atlantic Track C		11.54m			

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Event 16 W65 High Jump**Finals**

1	Carter, Ann	W69	Atlantic Track C	0.99m
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Event 16 M55 High Jump**Finals**

1	Hilliard, Aubrey	M59	Carolinas Track	1.55m
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Event 16 M60 High Jump**Finals**

1	jordan, Tom	M64	Unattached	1.32m
2	Amuwo, Jamiyu	M62	Unattached	1.22m
2	Martin, Terry	M64	Carolinas Track	1.22m
4	Dye, Johnnie	M61	Unattached	1.17m

Event 16 M75 High Jump**Finals**

1	French, Ernest	M76	Carolinas Track	1.02m
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Event 19 W60 Discus Throw**Finals**

1	Arbelbide, Cindy	W61	Unattached	24.45m
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Event 19 M35 Discus Throw**Finals**

1	Cockerham, Chris	M36	Carolinas Track	28.38m
2	Reutter, Jason	M38	Carolinas Track	25.96m

Event 19 M40 Discus Throw**Finals**

1	Sarsony, Chris	M43	Carolinas Track	32.98m
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Event 19 M50 Discus Throw**Finals**

1	Ruebel, Noel	M54	Unattached	35.59m
2	Laury, Dennis	M50	Carolina Godiva	35.04m
3	Roberts, Franklin	M52	Unattached	34.10m
4	Jones, Ray	M50	Unattached	27.05m

Event 19 M55 Discus Throw**Finals**

1	Baer, Chuck	M56	Unattached	46.60m
2	Baty, Jeff	M56	Unattached	38.25m
3	Acker, Tom	M55	Unattached	32.32m
4	Swindlehurst, Gregg	M55	Carolinas Track	30.14m

Event 19 M60 Discus Throw**Finals**

1	Hume, robert	M62	Unattached	47.65m
2	Martin, Terry	M64	Carolinas Track	34.42m

Event 19 M70 Discus Throw**Finals**

1	Valle, Mike	M70	Unattached	38.25m
2	Turner, Lorenzo	M70	Unattached	31.90m
3	McCabe, Lee	M71	Potomac Valley T	27.25m

Event 19 M75 Discus Throw**Finals**

1	Gramley, Bill	M75	Carolinas Track	34.91m
2	French, Ernest	M76	Carolinas Track	23.26m

Event 19 M80 Discus Throw**Finals**

1	Horine, Larry	M80	Unattached	26.86m
2	Munnell, Jack	M80	Unattached	15.22m

Event 22 W60 Weight Throw**Finals**

1	Arbelbide, Cindy	W61	Unattached	11.97m
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Event 22 M35 Weight Throw**Finals**

1	Cockerham, Chris	M36	Carolinas Track	9.48m
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Event 22 M50 Weight Throw**Finals**

1	Jones, Ray	M50	Unattached	12.27m
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Event 22 M55 Weight Throw**Finals**

1	Baty, Jeff	M56	Unattached	14.50m
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Event 22 M60 Weight Throw**Finals**

1	Clayton, Lemuel	M64	Carolinas Track	12.29m
2	Martin, Terry	M64	Carolinas Track	11.59m

Event 22 M70 Weight Throw**Finals**

1	Valle, Mike	M70	Unattached	14.86m
2	McCabe, Lee	M71	Potomac Valley T	7.60m

Event 22 M75+ Weight Throw**Finals**

1	Gramley, Bill	M75	Carolinas Track	12.00m
2	French, Ernest	M76	Carolinas Track	8.98m

Event 23 W60 Super Weight**Finals**

1	Arbelbide, Cindy	W61	Unattached	7.91m
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Event 23 M35 Super Weight**Finals**

1	Cockerham, Chris	M36	Carolinas Track	6.12m
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Event 23 M50 Super Weight**Finals**

1	Jones, Ray	M50	Unattached	6.28m
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Event 23 M55 Super Weight**Finals**

1	Baty, Jeff	M56	Unattached	6.95m
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Event 23 M60 Super Weight	2	Baty, Jeff	M56	Unattached	35.18m
Event 20 M60 Javelin Throw					
Finals					
1 Clayton, Lemuel	M64	Carolinas Track			6.14m
2 Martin, Terry	M64	Carolinas Track			4.94m
Event 23 M70 Super Weight					
Finals					
1 Valle, Mike	M70	Unattached			7.97m
2 McCabe, Lee	M71	Potomac Valley T			4.24m
Event 23 M75+ Super Weight					
Finals					
1 Gramley, Bill	M75	Carolinas Track			6.29m
2 French, Ernest	M76	Carolinas Track			4.99m
Event 20 M70 Javelin Throw					
Finals					
1 Valle, Mike	M70	Unattached			24.61m
Event 20 M75 Javelin Throw					
Finals					
1 French, Ernest	M76	Carolinas Track			21.92m
Event 20 M80 Javelin Throw					
Finals					
1 Horine, Larry	M80	Unattached			21.10m
Event 15 W45 Triple Jump					
Finals					
1 Richardson, Regina	W46	Atlantic Track C			10.06m
Event 15 W65 Triple Jump					
Finals					
1 Carter, Ann	W69	Atlantic Track C			5.35m
Event 15 M40 Triple Jump					
Finals					
1 Sarsony, Chris	M43	Carolinas Track			8.93m
Event 15 M60 Triple Jump					
Finals					
1 Amuwo, Jamiyu	M62	Unattached			8.21m
Event 20 W40 Javelin Throw					
Finals					
1 Kazebee, Kris	W44	Carolinas Track			20.58m
Event 20 W60 Javelin Throw					
Finals					
1 Arbelbide, Cindy	W61	Unattached			16.78m
Event 20 M35 Javelin Throw					
Finals					
1 Reutter, Jason	M38	Carolinas Track			39.74m
2 Stearns, Carl	M37	Unattached			21.60m
2 Cockerham, Chris	M36	Carolinas Track			21.60m
Event 20 M40 Javelin Throw					
Finals					
1 Alonzo, Daniel	M44	Carolinas Track			57.65m
2 Sarsony, Chris	M43	Carolinas Track			34.17m
Event 20 M50 Javelin Throw					
Finals					
1 Ruebel, Noel	M54	Unattached			27.38m
2 Jones, Ray	M50	Unattached			24.14m
Event 20 M55 Javelin Throw					
Finals					
1 Swindlehurst, Gregg	M55	Carolinas Track			35.68m