

CAROLINA MASTERS INVITATIONAL RECORD HOLDERS

Event	Name	Record	Year	Event	Name	Record	Year
100m				800m			
W30	Anne Monsted	14.71	2009	W19-29	Cierra Delgado	2:31.19	2010
W40	Toccata Murphy	13.56	2010	W40	Lorraine Jasper	2:24.89	2005
W65	Anne Yudell	18.94	2004	W45	Brenda McGovern	2:58.57	2005
W70	Anne Yudell	19.14	2004	M30	Trevor Lewis	2:05.00	2009
W75	Anne Yudell	21.77	2010	M35	Jason Reutter	2:16.14	2008
M30	John Burke	10.90	2003	M40	Michael Scholtz	2:07.92	2010
M35	Derrick Archie	10.71	2009	M45	Steve Nearman	2:05.72	2005
M40	Eugene Vickers	11.23	2004	M50	Duane Green	2:14.63	2004
M45	Kaestner McDonnough	12.00	2003	M55	Robert Jackson	2:22.37	2009
M50	Oscar Peyton	11.53	2005	M60	Jay Smith	2:36.93	2010
M55	Anthony Searles	12.35	2009	M65	Clifford Pauling	3:13.47	2004
M60	Ron Johnson	13.14	2006				
M65	Ty Brown	13.30	2010	1500m			
M70	Bob Reid	13.57	2004		Kim Certain	5:30.00	2010
M75	Lawrence Greco	17.82	2008	W40	Kay Weems	5:54.93	2005
				M30	Richard Cooney	4:20.87	2005
				M35	Ellis Williams	5:18.59	2002
200m				M40	Kyle Rose	4:44.55	2005
M19-29	Eric Broadbent	22.43	2010	M45	Steve Nearman	4:24.27	2005
W30	Jolanda Howard	27.30	2010	M50	Steve Fry	4:58.08	2009
W35	Kris Kazebee	28.55	2004	M55	Robert Jackson	5:18.82	2008
W40	Toccata Murphy	26.89	2010	M60	Max Hamlyn	5:14.61	2002
W55	Marcela Hale-Hall	32.29	2009				
W70	Anne Yudell	42.39	2004	3200M			
M30	Derrick Archie	21.82	2005	W45	Brenda McGovern	13:21.00	2003
M35	Earl Owens	23.05	2009	M40	Ronald Rick	11:36.00	2004
M40	Paul Brand	22.74	2004	M45	Paul Kinny	10:38.75	2002
M45	Kaestner McDonnough	24.60	2003	M50	Paul Brand	12:00.00	2005
M50	Oscar Peyton	23.27	2004	M55	Peter Coleman	13:54.71	2010
M55	Leo Sanders	25.20	2009	M60	Randy Whitt	13:00.41	2009
M60	Ron Johnson	26.25	2007	M65	Doug Wahlsten	14:34.99	2009
M65	Ty Brown	27.79	2010				
M70	Alfred Deans	30.81	2009	3200m Race Walk			
M75	John Schreiber	43.30	2008	W55	Ingrid Birkeland	22:22.16	2003
				W70	Anne Yudell	25:32.00	2004
400m				M45	Tony Hackney	17:25.00	2004
W30	Jolanda Howard	1:04.27	2010	M65	Bill Gramley	20:43.83	2003
W35	Kris Kazebee	1:06.34	2004				
W40	Lorraine Jasper	1:05.38	2005	3000m Race Walk			
M30	Trevor Lewis	52.13	2009	W35	Janelle Nesbit	26:17.65	2010
M35	Earl Owens	53.16	2009	W70	Joan Hargett	22:30.51	2009
M40	Paul Brown	51.63	2004	M60	Walter Oglesby	19:11.02	2009
M45	Steve Nearman	54.89	2005	M65	James Epperson	19:21.88	2009
M50	Thomas Jones	56.62	2005	M75	George Kimberly	21:17.44	2009

M55	Greg Marshall	1:03.57	2005	4 x 100m Relay
M60	Ron Johnson	1:00.64	2007	W40-49 Carolinas Track & Field Club 56.64 2010
M65	Tom Johnson	1:04.46	2010	Murphy, Toccata Adams-Tibbs, Lenora
M70	B.J. Kuhn	1:18.35	2009	Kazebee, Kris Anthony, Angela

Short Hurdles

W19-29	Kelly Furr	15.48	2010
W35	Kisha Rawlinson	16.78	2004
W40	Regina Richardson	13.12	2005
W65	Ann Carter	19.47	2010
M40	Dexter McCloud	14.48	2003
M45	Michael Jones	17.79	2008
M50	Michael Jones	15.09	2010
M60	Tom Waite	21.66	2009
M65	Ty Brown	WR 15.26	2010

Long Hurdles

W30	Jolanda Howard	1:04.81	2009
M35	Maury Isley	1:04.90	2003
M40	Jim Eckenrode	1:00.76	2007
M45	Michael Jones	1:04.66	2009
M50	Michael Jones	1:06.14	2010
M55	Ken Bender	1:13.38	2009
M60	Bob Green	55.97	2009
M65	Don Beck	58.40	2003

Long Jump

W19-29	Kelly Furr	5.05	2010
W30	Ericka Williams	3.72	2002
W35	Janelle Nesbit	2.75	2010
W40	Regina Richardson	5.27	2005
M30	Darin Welborn	6.07	2003
M35	Femi Afolayan	5.89	2002
M40	Art Henson	6.19	2010
M45	Anthony Bailey	5.99	2007
M50	Wayne Fisher	5.62	2005
M55	Wayne Fisher	5.04	2010
M60	Mike Hardison	4.25	2009
M65	Ty Brown	4.63	2010
M75	Bill Deprano	3.62	2002

Triple Jump

W30	Kisha Rawlinson	9.23	2004
W40	Regina Richardson	11.39	2006
M40	Jim Eckenrode	11.60	2007
M50	Bob Rockwell	10.81	2002
M55	Bob Rockwell	10.71	2007
M60	Joe Liles	8.60	2008
M65	Mike Valle	6.25	2006
M70	Glenn Yoder	7.16	2004

Pole Vault

M19-29	Eric Broadbent	13.00	2010
M45	Bill Halverson	14-06	2005
M50	Bill Halverson	13-11	2008
M55	Johnnie Dye	11-00	2005
M60	Johnnie Dye	10-06	2010
M65	Grady Whitsit	10-08	2007

High Jump

W19-29	Kelly Furr	5-01	2010
W30	Maggie Martin	3-09	2008
M40	Art Henson	6-01.50	2010
M45	Freddy Mejia	5-07.75	2010
M50	Mark Williamson	5-08	2009
M55	Bob Rockwell	4-10	2007
M60	Richard Klehm	4-08	2007
M65	James Kenny	4-02	2007
M70	Glenn Yoder	4-04	2004

Shot Put

W19-29	Kelly Furr	7.43	2010
W45	Linda Williams	6.83	2004
W55	Marcella Hale-Hall	7.15	2009
W60	Rebecca Vaughn	6.08	2009
W65	Alice Tym	6.08	2009
M19-29	Eric Broadbent	12.56	2010
M30	Mark Stephens	13.75	2009

Discus				M35	Derrick Johmson	12.11	2004
W35	Janelle Nesbit	18.31	2010				
W45	Linda Williams	20.49	2004	M40	Jay Wilkerson	11.99	2009
W65	Alice Tym	14.33	2009	M45	Nathan Emery	12.14	2009
M19-29	Eric Broadbent	36.17	2010				
M30	Mark Stephens	34.91	2009	M50	Jeff Brown	12.41	2009
M35	Mike DeMarte	44.68	2009	M55	Joe Myers	13.56	2009
M40	Chris Sarsony	32.71	2009	M60	Tom Steed	13.28	2004
				M60	Edward Hearn	13.28	2010
M45	Nathan Emery	39.62	2008	M65	Gerald Vaughn	14.02	2002
M50	Chuck Baer	46.94	2005	M70	Gerald Vaughn	14.56	2007
M55	Jeff Baty	42.45	2010	M80	Richard Bergenback	6.75	2009
M60	Bill Truax	44.44	2010				
M65	Bill Gramley	40.71	2002	Javelin			
M70	Bill Gramley	35.39	2010	W30	Bethany Martin	16.05	2008
M80	Richard Bergenback	16.47	2010	W40	Kris Kazebee	17.88	2009
Hammer				W55	Marcella Hale-Hall	12.89	2009
				W65	Alice Tym	17.35	2009
W65	Alice Tym	19.55	2009	M19-29	Eric Broadbent	38.77	2010
M35	Chris Cockerham	26.33	2010	M30	Neil Derycke	31.26	2003
M45	Ray Jones	25.01	2010	M35	John Allen	40.69	2003
M50	Jeff Brown	46.55	2009				
M55	Jeff Baty	39.74	2010	M40	Daniel Alonzo	59.69	2009
M60	John Selleh	37.02	2009	M45	Jim Russ	43.63	2003
M65	Mike Valle	38.20	2009	M50	Mike Brown	64.50	2006
M70	Ernie French	26.36	2009	M55	Bob Kouvololo	50.83	2006
M80	Richard Bergenback	21.03	2009	M60	Bob Kouvololo	50.12	2010
				M65	James Kenney	40.97	2009
				M70	Larry Horine	33.65	2004
Weight Throw				Super Weight Throw			
M45	Ray Jones	12.00	2010	M35	Chris Cockerham	6.53	2010
M55	Jeff Baty	15.07	2010	M45	Ray Jones	5.68	2010
M60	Lemuel Clayton	13.13	2010	M55	John MacKersie	7.44	2010
M65	Mike Valle	14.40	2010	M60	Lemuel Clayton	6.96	2010
M75+	Richard Bergenback	8.30	2010	M65	Mike Valle	7.19	2010
				M75+	Richard Bergenback	5.23	2010

